

CAUTIONABLE OFFENCES (YELLOW CARD)

A player is cautioned and shown the yellow card if he commits any of the following seven offences:

- UNSPORTING BEHAVIOR – INCLUDING DELIBERATE SHOVING ON OR OFF THE BALL
- DISSENT BY WORD OR ACTION
- PERSISTENT INFRINGEMENT OF THE LAWS OF THE GAME – INCLUDING REPEATING OFFENCES FOR WHICH A PLAYER HAS ALREADY BEEN CAUTIONED. **THIS INCLUDES ENDANGERING OTHER PLAYERS WITH A KICK OR FOOT RAISED ABOVE HEAD HIGH WHEN OTHER PLAYERS ARE IN A POSITION TO BE INJURED**
- DELAYING THE RESTART OF PLAY
- FAILURE TO RESPECT THE REQUIRED DISTANCE WHEN PLAY IS RESTARTED WITH A CORNER KICK, FREE KICK, OR THROW-IN
- ENTERING OR RE-ENTERING THE FIELD OF PLAY WITHOUT THE REFEREE'S PERMISSION
- DELIBERATELY LEAVING THE FIELD OF PLAY WITHOUT THE REFEREE'S PERMISSION

SENDING-OFF OFFENCES (RED CARD)

A player is sent off if he commits any of the following seven offences:

- SERIOUS FOUL PLAY – INCLUDING AGGRESSIVE ATTACKS FROM BEHIND
- VIOLENT CONDUCT – INCLUDING ANY TYPE OF PUNCHING OR STRIKING ANOTHER PLAYER
- SPITTING AT AN OPPONENT OR ANY OTHER PERSON
- DENYING THE OPPOSING TEAM A GOAL OR AN OBVIOUS GOAL SCORING OPPORTUNITY BY DELIBERATELY HANDLING THE BALL (OTHER THAN A GOALKEEPER WITHIN HIS OWN PENALTY AREA)
- DENYING AN OBVIOUS GOAL SCORING OPPORTUNITY TO AN OPPONENT MOVING TOWARDS THE PLAYER'S GOAL BY AN OFFENCE PUNISHABLE BY A FREE KICK OR A PENALTY KICK
- USING OFFENSIVE, INSULTING OR ABUSIVE LANGUAGE AND/OR GESTURES – INCLUDING PROFANITY
- RECEIVING A SECOND CAUTION IN THE SAME MATCH

A PLAYER, SPECTATOR, OR COACH WHO HAS BEEN SENT OFF MUST LEAVE THE VICINITY OF THE FIELD OF PLAY AND THE TECHNICAL AREA FOR THE REMAINDER OF THE MATCH. IF NECESSARY, THE CENTER OFFICIAL MAY HALT THE MATCH UNTIL COMPLIANCE IS OBTAINED.